

Nationally Recognized Author & TV Personality Dr. Don Colbert  
to speak at Medical Society of Mobile County Quarterly Meeting



**Dr. Don Colbert will be speaking at the Mobile Convention Center Tuesday, September 25, 2007 at 7:00 pm. His wife, Mary, will be attending as well. The Medical Society is opening this meeting to the general public and tickets can be purchased for \$30.00 each by contacting the Medical Society at 251-476-9494 or by visiting our website at [www.msomc.com](http://www.msomc.com).**

Dr. Colbert has been practicing medicine for over 20 years. He is not quick to jump to invasive procedures, pain medications, or mood altering drugs. Instead, he works with patients to get to the source of their problem. He then individualizes a complete course of treatment for each person that will treat their body, mind, and spirit: enabling each person to fulfill the calling of God on their lives.

Dr. Colbert bases his plan for better health on what he likes to call the seven distinct pillars: drinking clean water, getting adequate sleep and rest, eating living foods, getting adequate amounts of exercise, detoxifying the body, proper nutritional supplementation, and teaching patients how to cope with stress.

Since becoming a physician, Dr. Colbert has seen over 30,000 patients. Having written over 40 books that together have sold millions, including his latest book, The Seven Pillars of Health, Dr. Don Colbert has become recognized as a New York Times Best Selling Author. Dr. Colbert and his wife, Mary, speak as a team and will be sharing together at this meeting.

His radio program can be heard locally at 8:00 am and 4:45 pm on 89.1 FM.